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# How much water should be in my waterbed mattress?

I had a waterbed since 1992, and just the other day, I poured treatment into it, which conditions the water and prevents air bubbles. At times when I lay on it and turn in my sleep, I feel the mattress touch the plywood, which is under the mattress. So how much water really should be in the waterbed mattress?

You can also find this article published on [How much water should be in my waterbed mattress?](#), and on the tag pages [Air Bubbles](#), [mattress](#), [much](#), [Plywood](#), [Should](#), [Sleep](#), [Water](#), [Water Mattress](#), [waterbed](#), [Waterbed Mattress](#).